

# Role of Radiation Therapy in Lower Grade Glioma

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LrGG 2016 WHO CNS

These molecular biomarkers

Grade II-III glioma

Re-evaluation biologic heterogeneity molecular make-up Some LGG behave → like GBM

Anaplastic Glioma -----> like LGG

**Prognostic** factors

**Predictive** markers

Drive therapeutic decision making



Radiation Therapy (RT) controversial modality in LGG

Prolonged natural history and potential late toxicity from RT

Several prospective randomized trials to define WHO benefit from RT Limitations: all types of resection and multiple histologies included

Some populations higher risk of recurrence

A risk stratification needed to point out who treat in up-front setting



Trial	Adjuvant Therapy	5-y PFS (%)	5-y OS
EORTC 22844	45 Gy	47	58%
	59.4 Gy	50	59%
NCCTG 86-72-51	50.4 Gy	55	72%
	64.8 Gy	52	64%
EORTC 22845	Observation	35	66%
	54 Gy	55	68%
RTOG 9802	Observation (nonrandomized low-risk arm)	48	93%
	54 Gy	72	63%
	54 Gy + PCV	84	72%
RTOG 0424	54 Gy/TMZ (nonrandomized)	46	60%
EORTC 22033	50.4 Gy/TMZ (12 cycles)		



## Prospective phase III dose-escalation studies

## NCCTG 86-72-51 trial

203 patients RT doses 50.4 Gy vs 64.8 Gy No OS differences (p=0.48) EORTC 22844

379 patients RT doses 45 Gy vs 59.4 Gy No OS or PFS differences (p=0.73; 0.94)

doubled in the higher dose arm (p=0.04)

Grade 3-5 toxicity

Suggestions RT doses 45-50.4 Gy No role for dose escalation Limitations CT scan only Old RT techniques employed



EORTC 22845 trial or "non-believer's trial"

Optimal timing of RT

311 patients enrolled Median FU time up-front vs at progression

290 patients assessable7.8 years

Biopsy or Resection

up-front RT 54 Gy

observation-delayed 54 Gy

No formal QoL or Neurocognitive/neurologic functions performed

Van de Bent JCO 2005





mPFS 5.3 years vs 3.4 years (p=0.0001)

mOS 7.4 years vs 7.2 years

Seizure at 1year 25% vs 41% p=0.03

RT could be safely performed Limitations did not assess differences between risk groups and QoL



RTOG prognostic factors	EORTC prognostic factors		
Unfavorable	Unfavorable		
• Age >40 years	• Age >40 years		
• Tumors > 5 cm	<ul> <li>Tumors≥6 cm</li> </ul>		
Astrocytoma histology	Tumor crossing midline		
• Surgery < GTR	<ul> <li>Astrocytoma histology</li> </ul>		
	Neurologic symptoms		

**Observation** in low risk patients

Radiation therapy in high risk patients



### Temozolomide chemotherapy versus radiotherapy in high-risk low-grade glioma (EORTC 22033-26033): a randomised, open-label, phase 3 intergroup study

Brigitta G Baumert\*, Monika E Hegi\*, Martin J van den Bent, Andreas von Deimling, Thierry Gorlia, Khê Hoang-Xuan, Alba A Brandes, Guy Kantor, Martin J B Taphoorn, Mohamed Ben Hassel, Christian Hartmann, Gail Ryan, David Capper, Johan M Kros, Sebastian Kurscheid, Wolfgang Wick, Roelien Enting, Michele Reni, Brian Thiessen, Frederic Dhermain, Jacoline E Bromberg, Loic Feuvret, Jaap C Reijneveld, Olivier Chinot, Johanna M M Gijtenbeek, John P Rossiter, Nicolas Dif, Carmen Balana, Jose Bravo-Marques, Paul M Clement, Christine Marosi, Tzahala Tzuk-Shina, Robert A Nordal, Jeremy Rees, Denis Lacombe, Warren P Mason, Roger Stupp\*

Lancet Oncol 2016; 17: 1521–32

487 patients 250 RT 237 TMZ

Aim PFS and identification	PFS and identification of molecular factors predictive outcome				
2 Arms	RT alone 50.4 Gy vs TMZ dose de	ense alone			
Median FU	48 months				
Median PFS	RT 46 months TMZ 39 months	p=0.22			

better PFS in RT arm IDH mutation/1p19qp=0.0043Worse outcome in both arms in case of IDH wild type

Baumert, Lancet Oncology 2016











Supporting Studies			Non-supporting Studies
	Limited number of pts Retrospective studies High RT doses Wide target volumes Down L Lancet neurology 2002; Olson JD Neurology 2000; Surma-aho O Neurology 2001; Postma TJ Neurology 2002; Correa DD J Neurooncol 2008	•	Prospective studies Two with more than 100 pts Limited target volumes Evaluation using standardized test batteries Klein M Lancet 2002; Laack NN IJROBP 2005; Vigliani MC IJROBP 1996; Amstrong CL Neurology 2002;
			Torres IJ Neurology 2003

## NO RANDOMIZED STUDIES







### DOSE REDUCTION

Doses

Advantages

Doses Advantages 50.4 Gy (EORTC) or 54 Gy (RTOG)

- \* not exceed brain stem or optic tolerances
- \* tolerable for large tumor volume
- \* with a low risk of radiation necrosis

45 Gy

- \* very large treatment volumes
- \* involvement of particular brain regions
- \* such as dominant temporal lobes or hippocampus
- \* predispose to late cognitive sequelae



# APPROPRIATE IMAGING FOR TARGET VOLUME DELINEATION

**MRI** is mandatory

T2 sequences FLAIR sequences diffusion or perfusion weighted imaging

For treatment planning **CT** scan

[11C]METCTPET

Astrocytoma

MARGIN REDUCTIONS

Smaller tumor margins are acceptable in LGG from 2 cm to 5 mm



## NEW RT TECHNOLOGIES





## NEW RT TECHNOLOGIES: VMAT



![](_page_17_Picture_1.jpeg)

## NEW RT TECHNOLOGIES: PROTON vs PHOTON

![](_page_17_Figure_3.jpeg)

![](_page_18_Picture_1.jpeg)

Adjuvant RT is the standard treatment in anaplastic glioma

# Two randomized trials published at the end of 70s showed SUPERIORITY SURGERY+RT compared to SURGERY alone

. (p=0.005)

Higher doses are needed  $\longrightarrow$  60 Gy in 30 fractions

![](_page_19_Picture_1.jpeg)

In some selected cases with favorable molecular profile

Adjuvant RT can be discussed

 oliodendroglioma histology (1p19q-codeleted) younger age
 IDH mutated
 MGMT methylated
 GTR also of FLAIR abnormalities

NOA-04 Randomized Phase III Trial of Sequential Radiochemotherapy of Anaplastic Glioma With Procarbazine, Lomustine, and Vincristine or Temozolomide

W.Wick, JCO 2009,2016

Adjuvant Procarbazine, Lomustine, and Vincristine Chemotherapy in Newly Diagnosed Anaplastic Oligodendroglioma: Long-Term Follow-Up of EORTC Brain Tumor Group Study 26951

MJ. Van de Bent, JCO 2013

Phase III Trial of Chemoradiotherapy for Anaplastic Oligodendroglioma: Long-Term Results of RTOG 9402

G.Cairncross, JCO 2013

CATNON TRIAL ASCO 2019

CODEL ONGOING

![](_page_20_Picture_11.jpeg)

![](_page_21_Picture_1.jpeg)

NOA-04 Randomized Phase III Trial of Sequential Radiochemotherapy of Anaplastic Glioma With Procarbazine, Lomustine, and Vincristine or Temozolomide

W.Wick, JCO 2009

RT vs PCV vs TMZ" 318 patients anaplastic glioma Time to treatment failure (TTF)

Median TTF, PFS, OS

Initial radiotherapy or chemotherapy

similar for arms

achieved comparable results

![](_page_22_Picture_1.jpeg)

Long term results of NOA-04 showed that Chemotherapy (PCV or TMZ)

is not superior to Radiation Therapy

![](_page_22_Figure_4.jpeg)

Wick W et al NO 2016

![](_page_23_Picture_1.jpeg)

## TAKE HOME MESSAGE

- In high risk LGG adjuvant radiation therapy is a valid treatment option
- An advanced imaging for tumor volume delineation and RT planning is needed
- New RT technological improvements allow to perform an effective treatment with maximum sparing of OARs and normal brain preserving neurocognitive functions
- RT is always recommended in case of anaplastic glioma
- In selected cases RT can be delayed
- A multidisciplinary evaluation is mandatory

![](_page_24_Picture_0.jpeg)

![](_page_24_Picture_1.jpeg)